

8 DAY PROGRAM  
FROM \$875/STUDENT\*

# SRI LANKA



**SRI LANKA - THE PEARL OF THE INDIAN OCEAN - OFFERS BOTH MEANINGFUL COMMUNITY PROJECTS FOR STUDENTS TO GET INVOLVED IN, AND BEGINNER SURFING SPOTS FOR SOME FUN AFTER THE HARD WORK!**

## STUDENTS WILL

- HELP IMPROVE THE LIVING CONDITIONS OF LOCAL PEOPLE IN RURAL COMMUNITIES THROUGH WORKING ON THE CONSTRUCTION-BASED SERVICE LEARNING PROJECT.
- UNDERSTAND THE NEGATIVE EFFECTS OF CONSUMER WASTE, THROUGH THE BEACH CONSERVATION PROGRAM.
- LEARN ABOUT THE CHALLENGES OF LIVING IN A DEVELOPING COUNTRY THROUGH IMMERSION INTO THE LOCAL LANGUAGE, CULTURES AND TRADITIONS OF SRI LANKA.
- LEARN TO SURF ON ONE OF SRI LANKA'S STUNNING BEACHES, WITH WAVES PERFECT FOR BEGINNERS!

# SAMPLE ITINERARY

## DAY 1

### WELCOME TO SRI LANKA

Meet for an orientation about the trip and activities in Colombo, and pick up some useful language tips during the welcome dinner.

## DAY 2-5

### SERVICE LEARNING ACTIVITIES IN GALLE

Help improve the community school by making traditional bricks (made of cow pat and clay!) and a concrete floor to keep the school from flooding when it rains. During the evenings, students can learn how to cook with the village women, play cricket and learn local crafts from the students. There will also be time to learn about and get involved in local conservation efforts through the beach cleaning program.

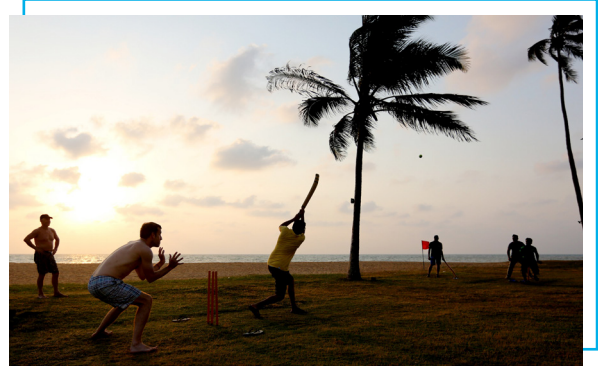
## DAY 6-7

### SURFS UP IN MIRISSA

After the hard work of your service learning project, it's time to tune in to the rhythm of the Indian Ocean as you learn to surf at Weligama Beach. There will also be time to relax on the beach and opportunities explore the local area by tuktuk.



GROUND  
TRANSFORMATIONAL  
JOURNEYS  
WITH  
SRI LANKA



## DAY 8

### EXPLORE GALLE BY BIKE

Start the day with a bike tour across vast stretches of paddy fields and coconut farms, meeting Sinhala villagers harvesting coconuts, plantains and pineapples along the way. After lunch with a local family, take a tour of a tea factory, and sample some world-famous Ceylon Tea. End the day with a walk around Galle Fort and learn about its interesting history.

## DAY 8

### DEPARTURE

Suba Gaman - have a nice journey, as you travel home today.

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TO FIT YOUR REQUIREMENTS.  
GET IN TOUCH FOR A BESPOKE PROPOSAL:**

[CONTACT@GROUNDASIA.COM](mailto:CONTACT@GROUNDASIA.COM)

*\*Price inclusive of all meals, accommodation, in-country transport, activities and GROUND staff support, based upon a group of 18 students and including 2 adults free of charge. Flights and community service project costs not included.*